

LIFE IS A JOURNEY

For each of us here today, life is a journey
It is a journey in time.

Our birth is the beginning of that journey
And it is important to believe
That death is not the end but the destination.

For our life is a journey that takes us
From youth to age
From innocence to awareness
From ignorance to knowledge
From foolishness to wisdom
From weakness to strength and often back again.

It takes us from offence to forgiveness
From loneliness to friendship
From pain to compassion
From fear to faith.

From defeat to defeat to defeat
Until, looking backwards or ahead
We see that victory does not lie
At some high point along the way

But in having made the journey
Step by step.

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